

Howard County Local Health Improvement Coalition

Healthy Weight Work Group
May 14, 2020 – 9:00 AM - 10:00 AM
WebEx Virtual Meeting

Minutes

Members Present:

Mary Ann Berry, Transition Howard County
Melanie Berdyck, Giant Food
Shanika Cooper, HC Health Department
Manuel Evangelista, AAA Physical Therapy
Melissa Ganey, Humanim
Natalie Hall, HC Health Department
Loretta Hoepfner, Maryland Chapter, American Academy of Pediatrics

Lois Joellenbeck, HC Health Department
Riva Kahn, TasteWise Kids
Lynn Mejia, United Healthcare Community Plan
Carson Nickell, HC Recreation & Parks
Razan Sahuri, University of Maryland Extension
Nette Stokes, Just Living Advocacy

Staff Present:

Kelly Kesler, HCLHIC Director
Seojin Kim, HCLHIC Program Coordinator

Rodney Oldham, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Opening Remarks	Kelly Kesler, Director of the Howard County Local Health Improvement Coalition called the meeting to order at 9:04 AM. Rodney Oldham stated the goals and objectives of the meeting	
COVID-19 Updates - LHIC	An overview of the current activities of the LHIC in relationship to COVID-19 response was provided. Numerous collaborative events have been offered virtually in collaboration with LHIC Member organizations. The current LHIC Strategic Plan (FY 18-20) will be extended through FY 21 considering the COVID-19 Pandemic. A planning process that will examine Coalition priorities and structure will occur at a future date.	The current LHIC Strategic Plan can be reviewed at http://www.hclhic.org/priority-areas/action-plans
Workgroup Members Updates	The importance of Health Care and Public Health Coalitions in providing and linking healthcare and public health preparedness and response capabilities were discussed.	Coalition members can learn more about the COAD, CCC and MRC programs here: <ul style="list-style-type: none"> Howard County Community Organizations Active in Disaster (COAD)

	<p>Caron Nickell with Howard County Recreation and Parks provided updates on the current facilities that are open to the public and efforts to provide virtual and other programming in response to the County’s plans and processes for re-opening.</p> <p>Loretta Hoepfner with the Maryland Chapter, American Academy of Pediatrics – requested the Coalition members continue to share that it is safe for children to continue their well-visits and important to stay current on their schedule of immunizations. She reiterated a need for Personal Protective Equipment (PPE for pediatric providers during this time and requested consideration for organizations that would like to donate. She also emphasized that providers should encourage kids to go outside and resume physical activity safely.</p> <p>Razan Sahuri with the University of Maryland Extension shared that although summer programming has been cancelled, they are recording classes online and sending them to teachers as a resource. Additionally, they are seeking opportunities to collaborate with groups like Days of Taste and the Howard County Local Children’s Board.</p> <p>Lynn Mejia with United Health Care Community Plan shared that they are offering virtual wellness presentations to community organization. Additionally, they are working on We are also getting approval for virtual Zumba and yoga fitness events.</p>	<p>https://www.howardcountymd.gov/Departments/Fire-and-Rescue/Office-Of-Emergency-Management/Howard-County-Community-Organizations-Active-in-Disaster</p> <ul style="list-style-type: none"> • Columbia Community Cares (CCC) https://www.facebook.com/groups/807588256400584/ • Medical Reserve Corps (MRC) https://www.howardcountymd.gov/Departments/Health/MM-Volunteering <p>To access University of Maryland Extension Educational materials discussed by Razan Sahuri visit: go.umd.edu/covidresources</p> <p>For information about United Health Care’s virtual wellness programs, contact Lynn Mejia at lynn_a_mejia@uhc.com.</p>
New Business	<p>Kelly Kesler provided an update on the Maryland Diabetes Action Plan LHIC activities. A proposed coordinated communications campaign (5-2-1-0) as outlined in the Coalition strategic plan was discussed. Ms. Kesler shared that an action group had met in January and that this discussion would resume with a reemphasis on Obesity, Diabetes, and other chronic disease and contributing factors to poorer outcomes from COVID-19 and other known health disparities.</p> <p>Group members indicated that buy-in from the County government to promote unified, simplified messaging around 5-2-1-0 and it’s relation to the opportunities now</p>	<p>Work Group members may access the full Maryland Diabetes Action Plan here: https://health.maryland.gov/diabetes-action-plan/Pages/default.aspx</p> <p>Participants were asked to take the concept back to their respective organizational leaders and discuss ideas for who else from their</p>

	being presented by attention to prevention in response to COVID-19 would be beneficial and has a track record of success with campaigns like “Choose Civility” and “Choose Kindness.”	organizations would need to be part of the discussion.
Wrap Up and Adjournment	Work group meetings were adjourned at 10:00 am.	Coalition members may obtain meeting materials at http://hclhic.org/membership/meeting-portal Community members with health-related COVID-19 questions may contact the Howard County Health Department COVID-19 Hotline at 410-313-6284 or email askhealth@howardcountymd.gov

Future Meeting Dates:

- Virtual Full Coalition Meeting June 11, 2020 – 8:30 a.m. - 10:30 a.m. Please register for the meeting via the link <https://bit.ly/35iyhSt>
- Healthy Aging Work Group Virtual Meeting Tuesday, May 19, 2020 2:30 - 4:00 p.m. Register at: <https://bit.ly/2KKu8xh>
- Access to Care Work Group Virtual Meeting Thursday, May 21, 2020 9:00 - 10:30 a.m. Register at: <https://bit.ly/3aTDwZS>
- Behavioral Health Work Group and Provider Calls:
 - Howard County Behavioral Health Provider COVID-19 Resource and Response Call #9 COVID-19 and Vulnerable Populations – Children and Families Wednesday, May 20, 2020 11:30 - 12:30 p.m. Register at: <https://bit.ly/3bROmkB>
 - Howard County Behavioral Health Provider COVID-19 Resource and Response Call #10 COVID-19 and Vulnerable Populations – Veterans and Caregivers Wednesday, May 27, 2020 11:30 - 12:30 p.m. Register at: <http://bit.ly/2YUfhhB>
- COVID-19 – The Impact of Nutrition on Blood Pressure Control Thursday, May 28, 2020 2:00 - 2:45 p.m. Register at: <https://bit.ly/2LqPsYY>

Respectfully submitted by
Rodney Oldham, CPT, CHES, Program Coordinator
Howard County Local Health Improvement Coalition